



# RACE FOR JUSTICE

## 9th Annual Valentine Run

Saturday,  
February 11, 2012  
behind Macy's Country Club Plaza Mall  
Sacramento, CA

Presented by *Legal Services of Northern California*

More information is available online at [www.lsnocrun.info](http://www.lsnocrun.info) or by calling the Valentine Run "Heartline" - 916-551-2164.

**What** 4 mile timed or untimed run/walk or 1.8 mile untimed run/walk

**kids' 1/4 mile and 1/2 mile fun runs**

**When** Saturday, February 11, 2012

**Where** behind Macy's Country Club Plaza Mall  
Start/finish line on Butano Drive.

**Register** Online (recommended) at [www.lsnocrun.info](http://www.lsnocrun.info)  
(No Online Registration after 2/8/12) or by mail (return the form attached with payment) or in person on race day.

**Entry Fees** 4 & 1.8 mile race:  
\$25 thru 12/31/11  
\$30 1/1/12 - 2/5/12  
\$35 2/6/12 - 2/11/12

**Kids' runs: \$16 thru 2/5/12**  
**\$20 2/6/12 - 2/11/12**

Proceeds from the Valentine Run benefit Legal Services of Northern California, a non-profit legal-aid organization providing advocacy services to help the poor defeat poverty in our community.  
Fed. Tax ID #94-1384659.

**Packet Pick up** Friday, February 10, 2012 10am - 7pm  
Fleet Feet Sports, 2311 J Street, Sacramento.

- ♥ **Event t-shirts guaranteed to first 1300 entrants**
- ♥ **Entertainment, refreshments, massage, childcare (small fee), bounce houses, and freebies in our Fitness Expo area**
- ♥ **Finish line photos provided by Faccino Photography**
- ♥ **Official timing provided by Chrono Track & Capital Road Race Management**
- ♥ **Parking at Country Club Plaza Mall is very limited. Please park in designated areas or as directed by our parking attendants only.**

### Event Schedule

- ♥ 7 - 8:30am Registration/Packet pick up
- ♥ 8:40 am 1/4 mile kids' race (0-5)
- ♥ 8:45am 1/2 mile kids' race (6-9)
- ♥ 8:50am 1/2 mile kids' race (10-12)
- ♥ 9am 1.8 and 4 mile run/walk

**Awards ceremony follows the completion of the 9am run/walk**

### Course

Our course is a flat, fast loop on tree-lined streets through one of Sacramento's most beautiful neighborhoods. *Our race takes place rain or shine; sorry no refunds.* Bikes, skateboards, or rollerblades are not allowed. Participants with strollers are requested to start in the back and to the left of the other runners. Well behaved canine companions must be kept on a short, retractable leash; please provide your pooch with plenty of water.

### Awards

Each kid's race participant will receive a finisher's medal. Awards will be presented to the top boy/girl finisher in each kids' race. Awards will be presented to the top male/female adult finisher in the following age Groups; 9 & Under, 10-12, 13-15, 16-18, 19-24, 25-29, 30-34, 35-39, 40-49, 50-59, etc. up to 70+. Overall and masters (male and female) awards will be presented.

A special award will be presented for the Fastest Attorney! (See website for details.) Prizes also awarded to the Best Dressed Individual, Best Dressed Team and the Best Dressed Canine!

First Name \_\_\_\_\_  Male  Female DOB \_\_\_/\_\_\_/\_\_\_ Age on Race Day \_\_\_\_\_

Last Name \_\_\_\_\_

Company Name \_\_\_\_\_ Attorney/legal professional/law student? Yes No

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day phone \_\_\_\_\_ Eve Phone \_\_\_\_\_ Email \_\_\_\_\_

Event: (circle one) 4mile timed 4mile untimed 1.8 mile untimed kids' race Virtual Runner

T-Shirt Size (circle one) Adult **S M L XL XXL** Child **S M L**

Will you raise pledges as an individual? **Yes No** Or as part of a team? **Yes No** Fundraising Team Name: \_\_\_\_\_

Fastest Attorney Competition (check here to be timed against other attorneys for the honor of being named Sacramento's Fastest Attorney!)

Please make checks payable to LSNC and mail with this form to LSNC/Valentine Run, 517 12th Street, Sacramento, CA 95814 **ONE ENTRY PER FORM PLEASE**

**Adults \$25 thru 12-31-11/ \$30 1-1-12 to 2-5-12/ \$35 2-6-12 to 2-11-12 Kids' \$16 thru 2-5-12/ \$20 2-6-12 to 2-11-12 Virtual Runner \$25 Anytime**

Pay by Credit Card (circle one) **MasterCard VISA AmEx** CC#(please print clearly) \_\_\_\_\_ Exp. Date \_\_\_/\_\_\_/\_\_\_

Name on Card (please print clearly) \_\_\_\_\_

Signature of Cardholder \_\_\_\_\_

Billing address (if different from above) \_\_\_\_\_

ALL ENTRANTS MUST SIGN WAIVER (IF UNDER AGE 18, PARENT OF LEGAL GUARDIAN SIGNATURE REQUIRED.)

Waiver: In consideration of my participation in this event, I, intending to be legally bound, do hereby for myself and my heir, executors, administrators waive and release any and all rights and claims of damages I may accrue against all persons and organizations affiliated with the race. I appreciate and assume all risks associated with this event. I attest that I am physically fit and sufficiently trained for this event. I agree to abide by all of the rules of this event as well as any decisions made by race officials regarding my participation. I grant permission for the organizers to use any photographs, quotes, or videos of me for legitimate promotion of this event. I understand that this is a "rain or shine" event and there will be no refunds issued. I acknowledge that I have read and understand all of the above.

Signature \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_